



## YOUR CARE. HOW CAN YOU MAKE SURE YOU HAVE THE BEST? WE CAN HELP.

The goal of the rehab team is to establish an appropriate plan of care and individualize goals to facilitate a return to the individual's prior level of function. This is accomplished through a number of therapy programs and options.

### **Physical Therapy:**

Assisting individuals in regaining their strength and mobility with specific one on one treatments which include transfer, gait, and many more functional activities.

### **Occupational Therapy:**

Assisting individuals in performing activities of daily living including self care, feeding, bed mobility, and fine motor coordination.

### **Speech Therapy:**

Assisting individuals in maximizing communication and safe swallowing through tailored care and education.

## OUR STORY

In 1999, three local business partners shared a need. Their parents were aging and were looking for care. They created Courtyard at Jamestown to provide the kind of environment and care they wanted for their parents and the seniors of Utah Valley.

Today Courtyard at Jamestown is Utah's Premier Senior Living Community. It provides independent living, assisted living, and dementia care options to its residents. It has now partnered with the Ensign Group to provide a state of the art outpatient comprehensive therapy clinic for its residents as well as members of the surrounding communities.



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## COMPREHENSIVE OUTPATIENT THERAPY CLINIC



## THE COURTYARD AT JAMESTOWN DIFFERENCE.

### COURTYARD AT JAMESTOWN & OREM REHABILITATION & SKILLED NURSING HAVE A PROVEN RECORD OF HELPING SENIORS FIND SOLUTIONS WITH MEDICARE B

It has always been the goal at Courtyard at Jamestown Senior Living to provide our residents with the best care and most comprehensive service available. In light of that goal, we are pleased to announce the addition of a Comprehensive Outpatient Therapy Clinic to our community.

The purpose of this clinic is to provide a multi-disciplinary approach including physical, occupational, and speech therapy. The exciting benefit of having an outpatient

clinic available on the premises is providing specialized therapy equipment and services to enhance the treatment plan and improving outcomes while meeting the patient's needs within their living environment.

If you believe you or a loved one could benefit from any of these therapy services, please contact the clinic director of therapy services, Sam Baxter, at (801) 362-4229 to discuss your options.

## FREQUENTLY ASKED QUESTIONS

**Q** What types of services are provided by this clinic?

**A**

- **Physical therapy:** Improving balance and overall muscle strength and flexibility
- **Occupational therapy:** Improving ability to perform activities of daily living
- **Speech therapy:** Improving ability to understand and participate in oral, reading, and written conversation and swallowing therapy for people who have difficulty with chewing and swallowing

**Q** How do I schedule an appointment?

**A** Please call the clinic director of therapy service, Sam Baxter at (801) 362-4229.

**Q** What is Medicare part B?

**A** Medicare Part B is the source available through Medicare to pay for outpatient services such as physician appointments, labs, x-rays, and physical, occupational, and speech therapy.

**Q** Can I qualify for treatment with an insurance other than Medicare?

**A** Residents with insurance other than Medicare may also qualify for treatment. Individual policies will specify.